

### www.ManukauMartialArts.nz

heian.dojo Mob: 021 627 901

April - May 2025 Newsletter



Fees payable by Cash or Direct Credit to:

Mark Grogan T/A Bytemarx

Bank Acc: 02 0240 0026226 00

## A Black Belt is just a White Belt that didn't quit!

### Konichiwa students & parents.

**Welcome** to new students Kyle, Pavin, Ronin, Prerak, Mia, Amelia and Yuvraj to the kids class and Madison joined the adults from the old Papatoe club.

**Gradings:** Congratulations to Harsehaj on grading to yellow stripe, Adilpreet, Gurfateh and Eyaan on grading to yellow belt. Kaden graded to orange in Aiki and yellow in JuJutsu. Aiden graded to blue in Te Jutsu back in January. Adults: Rob graded to Red belt - great work.

Fees: Do you work for free? Please keep your fees up to date - payable in advance please - don't wait until you are 20 classes overdue, pay on the day or up to 10 classes in advance. Check your cards this month to see if you have classes owing, we appreciate all the parents and students who keep their membership in credit - thank you:)

**6:00pm start: 4-8yo** Summer hours. Saturday start is still 12:30pm. Kids fees is still \$8/hr. Colts is \$9/hr for 9yo+ NO FEES - NO GRADING

Adults class: 7:00pm-8:00pm but adults may come early to cross-over in the Colts class if you wish to help out. Adults class still \$10/hr.

**T shirts:** We are planning our 2025 T-shirt as we have very few 2024 End of stock left! Still in design stage. Stay tuned.

Daylight savings ends: April 6th, clocks go back Club closed Easter Monday 21st April.

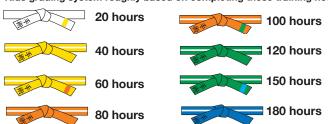
Hand Mits: All sold, but we can get more when stock arrives - only \$30 available in White, Blue and Red. We have old pairs at the club that are used by everyone but ideally each student should have their own pair for health reasons.

#### Last White Screenprinted Dragon Tees. Low Price

M Youth 2 left L Youth 3 left XL Youth 4 left S adult 1 left L adult 1 left



Kids grading system roughly based on completing these training hours:





**BUDO BOOK:** Sensei has printed 60 Limited Edition copies of his Enlightenment book, stamped and signed on request. This book is for all martial artists of every style and is filled with 88 pages of thought provoking and motivational quotes all in full colour. View sample book at the dojo.

Size is A5 (147mm x 210mm) for pocket or gearbag, perfect bound square spine. 170gsm inside pages, 220gsm coated cover. Digitally printed. \$15 for Heian Students. Only 29 left.

2023						
<b>APR</b> Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Manukau 105	Everglade Dr					
Wallukau 105 Wanukau  Wanukau	1	Kids 4-9yo 6:00 - 7:00 Colts 6:30 - 7:30 Adults 7:00 - 8:00	3	4	all Kids 4-13yo 12:30 - 1:30 Adults 1:30 - 3:00	Weapons Day 12yo + 12:00 - 1:30
Kids 4-9yo 6:00 - 7:00 Colts 6:30 - 7:30 Adults 7:00 - 8:00	8	Kids 4-9yo 6:00 - 7:00 Colts 6:30 - 7:30 Adults 7:00 - 8:00	10	11	12 all Kids 4-13yo 12:30 - 1:30 Adults 1:30 - 3:00	13 Weapons Day 12yo + 12:00 - 1:30
Kids 4-9yo 6:00 - 7:00 Colts 6:30 - 7:30 Adults 7:00 - 8:00	15	Kids 4-9yo 6:00 - 7:00 Colts 6:30 - 7:30 Adults 7:00 - 8:00	17	18 Good Friday Easter	19 all Kids 4-13yo 12:30 - 1:30 Adults 1:30 - 3:00	20
Easter Monday CLOSED	22	Kids 4-9yo 6:00 - 7:00 Colts 6:30 - 7:30 Adults 7:00 - 8:00	24	ANZAC Day 25	26 all Kids 4-13yo 12:30 - 1:30 Adults 1:30 - 3:00	<b>27</b> Weapons Day 12yo + 12:00 - 1:30
Kids 4-9yo 6:00 - 7:00 Colts 6:30 - 7:30 Adults 7:00 - 8:00		Kids 4-9yo 6:00 - 7:00 Colts 6:30 - 7:30 Adults 7:00 - 8:00				

# Colts may attend Kids class and Adults may attend Colts class

2025

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MAYMonday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Manukau 105  Wanukau  Wanukau	Everglade Dr		1	2	all Kids 4-13yo 12:30 - 1:30 Adults 1:30 - 3:00	4 Weapons Day 12yo + 12:00 - 1:30
Kids 4-9yo 6:00 - 7:00 Colts 6:30 - 7:30 Adults 7:00 - 8:00	6	Kids 4-9yo 6:00 - 7:00 Colts 6:30 - 7:30 Adults 7:00 - 8:00	8	9	10 all Kids 4-13yo 12:30 - 1:30 Adults 1:30 - 3:00	Mothers 11 Day 11 Weapons Day 12yo + 12:00 - 1:30
Kids 4-9yo 6:00 - 7:00 Colts 6:30 - 7:30 Adults 7:00 - 8:00	13	Kids 4-9yo 6:00 - 7:00 Colts 6:30 - 7:30 Adults 7:00 - 8:00	15	16	17 all Kids 4-13yo 12:30 - 1:30 Adults 1:30 - 3:00	18 Weapons Day 12yo + 12:00 - 1:30
Kids 4-9yo 6:00 - 7:00 Colts 6:30 - 7:30 Adults 7:00 - 8:00	20	Kids 4-9yo 6:00 - 7:00 Colts 6:30 - 7:30 Adults 7:00 - 8:00	22	23	24 all Kids 4-13yo 12:30 - 1:30 Adults 1:30 - 3:00	<b>25</b> Weapons Day 12yo + 12:00 - 1:30
Kids 4-9yo 6:00 - 7:00 Colts 6:30 - 7:30 Adults 7:00 - 8:00	27	Kids 4-9yo 6:00 - 7:00 Colts 6:30 - 7:30 Adults 7:00 - 8:00	29	30	all Kids 4-13yo 12:30 - 1:30 Adults 1:30 - 3:00	